

FRUIT KEBABS



5 MINS



7 SERVES



NO COOKING
REQUIRED

INGREDIENTS

- 14 blueberries
- 14 pineapple pieces
- 14 mandarin segments
- 7 strawberries, halved
- 14 kiwi fruit pieces
- 14 grapes
- 7 wooden skewers

DIRECTIONS

1. Thread two pieces of each fruit onto the wooden skewer. Repeat with the remaining six skewers.

NOTE

Any fruit will work well. Choose the fruit your child likes best and what is in season. You can have as many or as little varieties as you like.

Our other top choices include raspberries, rockmelon, watermelon and orange.

